

Life Changing Lessons

Help is at hand for companies who have staff approaching retirement – at last, a positive, inspirational approach that lets people plan for the retirement they really deserve.

Retirement. The very work fills some people with dread, others with envy. It signifies one of the most important and difficult changes that we face during our life time. Physical, psychological and financial impacts – but will they be positive impacts or negative?

Kanreki is a new company who is bringing a fresh approach to retirement, one based upon the Japanese festival after which it is named. “The Japanese believe that on your 60th birthday your soul is reborn”, explains David Moxon, Director of Kanreki Ltd. “The concept is liberating, powerful and celebrated in each individual through the Kanreki festival. However here in the UK, our approach to ageing and retirement could frequently learn a lot from the East.”

As a health Psychologist and writer on retirement and ageing for the past 15 years, David ought to know what he is talking about. “I wanted to offer local businesses a way of facilitating their staff as they near retirement, providing them with advice, contacts and options to consider as it approaches.”

Kanreki will be delivering two-day seminars in the city where delegates will benefit from speakers who are knowledgeable in this specialist field. The seminars are designed to be stimulating, informative and fun, providing both formal sessions such as health, finance and legal issues but also a collection of more leisure focussed options including travel, wine-tasting and gardening. Not forgetting along with the subjects’ specific handouts, each delegate will receive a bag containing gifts and discounts worth over £25 to get your retirement off to a good start in calm, relaxing and stylish surroundings.

“Retirement can be such a lovely time of life”, David continues, “a time when you can fulfil ambitions, follow dreams and achieve freedom. However, as with most significant aspects of life your chances of getting the best possible result from it will improve significantly if you plan it effectively”. With Kanreki delegates will leave feeling energised, inspired and in control of their future. For further details contact Kanreki on 01733 267095.